

# Yoga & Meditation WEEKEND RETREAT

with **MARLA ERICKSEN**



**Dates:** November 25<sup>th</sup> – 27<sup>th</sup>

**Location:** SHANTI Yoga Retreat Center  
Wolfe Island, Ontario

**Retreat Cost:** \$425.00 + HST (before Nov 11<sup>th</sup>)  
\$495.00 + HST (after Nov 11<sup>th</sup>)

**Registration:** Call the studio (613)695-7211  
E-mail [info@empowermeyoga.com](mailto:info@empowermeyoga.com)

